DAY CAMP PACKING LIST

Wilderness Adventure at Eagle Landing

Day Camp campers should arrive dressed for active outdoor adventures and bring a small, labeled backpack with the essentials below. Activities may include hiking, climbing, games, and time in the water. Please label all personal belongings.

WEAR TO CAMP EACH DAY

- ☐ Quick-drying activity shirt
  A lightweight sun hoodie is strongly recommended.
- ☐ Hiking pants or athletic shorts
  Lightweight long pants protect better against ticks, bugs, plants, brush, and sun.
- ☐ Closed-toe walking or hiking shoes
  Comfortable, broken-in footwear with secure traction.
- ☐ Socks and comfortable undergarments
  Choose clothing that can get dirty or wet.
- ☐ Sun hat or baseball cap
  Strongly recommended for outdoor activities.

PACK IN A SMALL BACKPACK EACH DAY

- ☐ Water bottle
  Clearly labeled; bring filled and ready to use.
- ☐ 1 swimsuit / swim shorts
  Swimsuits must be one-piece. Bring a separate change for water activities.
- ☐ Water shoes or sport sandals
  Secure heel strap required. No slides or Crocs for water activities.
- ☐ Small towel
  For swimming and other water activities.
- ☐ Waterproof rain jacket
  Bring even when the forecast looks clear.
- ☐ Sunscreen (SPF 30+)
  Broad-spectrum; label the container.
- ☐ Insect repellent
  DEET-based repellent recommended; follow label instructions.
- ☐ Dry change of clothes
  Shirt, shorts/pants, underwear, and socks in a sealed bag.

OPTIONAL / SITUATIONAL

- ☐ Sunglasses with a secure strap
  Useful for bright days on the water.
- ☐ Disposable or basic digital camera
- ☐ Personal medications, if needed
  Disclose and provide according to WAEL procedures.

PLEASE LEAVE AT HOME

Phones, other unnecessary electronics, jewelry, valuables, knives, lighters, and matches. Please do not send expensive or irreplaceable belongings.